

# PURSUE



## Spouse | Family

Gathering Lunch Series, January 24, 2020 by Lavern Nissley  
lavern@encompasscc.org | C: 937.215.0179  
WWW.ENCOMPASSCC.ORG

### God's design for marriage & family

<sup>18</sup> The Lord God said, "It is not good for the man to be alone. I will make a helper suitable for him."

<sup>24</sup> That is why a man leaves his father and mother and is united to his wife, and **they become one flesh.**

<sup>25</sup> Adam and his wife were both naked, and **they felt no shame.** —Genesis 2:18, 24-25 NIV

<sup>25</sup> **Husbands, love your wives, just as Christ loved the church and gave himself up for her.**

<sup>31</sup> **"For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh."**[c] <sup>32</sup> This is a profound mystery—but I am talking about Christ and the church.

—Ephesians 5:25, 31, 32 NIV

<sup>4</sup> Hear, O Israel: The LORD our God, the LORD is one. [1]

<sup>5</sup> Love the LORD your God with all your heart and with all your soul and with all your strength.

<sup>6</sup> These commandments that I give you today are to be **upon your hearts.**

<sup>7</sup> **Impress them on your children.** Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. —Deuteronomy 6:4-7 NIV

<sup>4</sup> **Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.** —Ephesians 6:4 NIV

### Practical pursuit tools and skills



With spouse - Big ideas = "LOVE & ONENESS"

- **RINGS Chat** - daily connection tool; demo at <https://www.encompasscc.org/ringschat.html>
- **Five Love Languages** - expressing love according to preferred language
- **"Stuff huddles"** - weekly sit down meetings to review calendar, task list, finances
- **Regular Dates** - uninterrupted getaways for a few hours or days for leisure and refreshment
- **Enrichment experiences** - "good to great", next level, "sharpening marriage saw"

With family - Big ideas = "LOVE & TEACHING"

- **RINGS Chat** - daily connection tool including children
- **Five Love Languages** - expressing love according to preferred language
- **Family Meetings** - weekly sit down meetings to chat safely on what's going well and what needs tweaked
- **Dates with Kids** - monthly chats, experiences, games, tech-free zones
- **Practice 4 C's of parenting** - Choices, Consequences, Consistency, Compassion

For more information on the Five Love Languages visit  
[www.fivelovelanguages.com/](http://www.fivelovelanguages.com/).

Upcoming Encompass events: [ECCupcoming.eventbrite.com](http://ECCupcoming.eventbrite.com)



## Glimpses of marriage and family pursuits



First instrument, age 8



In gospel singing group, age 11-15: Maynard, Lavern, Mim, Marv, Elsie, Duane



Dad, Mom, Lavern, Ken, Karen



Kevin, Ali, Kristen, Lavern, Ronda, Josh, Emily, Jessica



One of our all time favs - sense of oneness



Over 12,000 miles on tandem recumbent - great marriage metaphor - we're inseparable!