

# Feeling Words

WHEN NEEDS <i>ARE NOT</i> BEING MET	WHEN NEEDS <i>ARE</i> BEING MET
<p style="text-align: center;"><b>Hostile</b></p> <p>Animosity, Antagonistic, Appalled, Aversion, Cold, Contempt, Disgusted, Dislike, Distain, Hate, Horrified, Repulsed, Scorn, Surly, Vengeful, Vindictive</p>	<p style="text-align: center;"><b>Exhilarated</b></p> <p>Ecstatic, Elated, Enthralled, Exuberant, Giddy, Silly, Slap-happy</p>
<p style="text-align: center;"><b>Angry</b></p> <p>Enraged, Furious, Incensed, Indignant, Irate, Livid, Mad, Outraged, Resentful, Ticked off</p>	<p style="text-align: center;"><b>Excited</b></p> <p>Alive, Amazed, Animated, Eager, Energetic, Enthusiastic, Invigorated, Lively, Passionate</p>
<p style="text-align: center;"><b>Annoyed</b></p> <p>Aggravated, Bitter, Cranky, Cross, Dismayed, Disgruntled, Displeased, Exasperated, Frustrated, Grouchy, Impatient, Irked, Irritated, Miffed, Peeved, Resentful, Sullen, Uptight</p>	<p style="text-align: center;"><b>Inspired</b></p> <p>Amazed, Astonished, Awed, Dazzled, Radiant, Rapturous, Surprised, Thrilled, Uplifted, Wonder</p>
<p style="text-align: center;"><b>Upset</b></p> <p>Agitated, Alarmed, Discombobulated, Disconcerted, Disturbed, Disquieted, Perturbed, Rattled, Restless, Troubled, Turbulent, Turmoil, Uncomfortable, Uneasy, Unnerved, Unsettled</p>	<p style="text-align: center;"><b>Joyful</b></p> <p>Amused, Buoyant, Delighted, Elated, Ecstatic, Glad, Gleeful, Happy, Jubilant, Merry, Mirthful, Overjoyed, Pleased, Radiant, Ticked</p>
<p style="text-align: center;"><b>Tense</b></p> <p>Antsy, Anxious, Bitter, Distressed, Distraught, Edgy, Fidgety, Frazzled, Irritable, Jittery, Nervous, Overwhelmed, Pressured, Restless, Stressed out, Uneasy</p>	<p style="text-align: center;"><b>Relaxed</b></p> <p>At ease, Carefree, Comfortable, Open</p>
<p style="text-align: center;"><b>Afraid</b></p> <p>Apprehensive, Concerned, Dread, Fearful, Foreboding, Frightened, Hesitant, Mistrustful, Panicked, Petrified, Scared, Suspicious, Terrified, Timid, Trepidation, Unnerved, Wary, Worried, Reserved, Sensitive, Shaky, Unsteady</p>	<p style="text-align: center;"><b>Curious</b></p> <p>Adventurous, Alert, Interested, Intrigued, Inquisitive, Fascinated, Spellbound, Stimulated</p>
<p style="text-align: center;"><b>Vulnerable</b></p> <p>Cautious, Fragile, Guarded, Helpless, Insecure, Helpless, Leery, Reluctant</p>	<p style="text-align: center;"><b>Confident</b></p> <p>Empowered, Proud, Safe, Secure, Self-assured</p>
<p style="text-align: center;"><b>Confused</b></p> <p>Ambivalent, Baffled, Bewildered, Dazed, Flustered, Hesitant, Lost, Mystified, Perplexed, Puzzled, Skeptical, Torn</p>	<p style="text-align: center;"><b>Engaged</b></p> <p>Absorbed, Alert, Ardent, Curious, Engrossed, Enchanted, Entranced, Involved</p>
<p style="text-align: center;"><b>Embarrassed</b></p> <p>Ashamed, Chagrined, Contrite, Guilty, Disgraced, Humiliated, Mortified, Remorse, Regretful, Self-conscious</p>	<p style="text-align: center;"><b>Hopeful</b></p> <p>Expectant, Encouraged, Optimistic</p>
<p style="text-align: center;"><b>Longing</b></p> <p>Envious, Jealous, Nostalgic, Pining, Wistful, Yearning</p>	<p style="text-align: center;"><b>Grateful</b></p> <p>Appreciative, Moved, Thankful, Touched</p>
<p style="text-align: center;"><b>Tired</b></p> <p>Beat, Burned out, Depleted, Exhausted, Fatigued, Lethargic, Listless, Sleepy, Weary, Worn out</p>	<p style="text-align: center;"><b>Refreshed</b></p> <p>Enlivened, Rejuvenated, Renewed, Rested, Restored, Revived, Energetic</p>
<p style="text-align: center;"><b>Disconnected</b></p> <p>Alienated, Aloof, Apathetic, Bored, Cold, Detached, Disengaged, Disinterested, Distant, Distracted, Indifferent, Lethargic, Listless, Lonely, Numb, Removed, Uninterested, Withdrawn</p>	<p style="text-align: center;"><b>Affectionate</b></p> <p>Closeness, Compassionate, Friendly, Loving, Openhearted, Sympathetic, Tender, Trusting, Warm</p>
<p style="text-align: center;"><b>Sad</b></p> <p>Blue, Depressed, Dejected, Despair, Despondent, Disappointed, Discouraged, Disheartened, Downcast, Downhearted, Forlorn, Gloomy, Grief, Heavy hearted, Hopeless, Melancholy, Sorrow, Unhappy</p>	<p style="text-align: center;"><b>Peaceful</b></p> <p>Blissful, Calm, Centered, Clear headed, Mellow, Quiet, Serene, Tranquil</p>
<p style="text-align: center;"><b>Shocked</b></p> <p>Appalled, Disbelief, Dismay, Horrified, Mystified, Startled, Surprised</p>	<p style="text-align: center;"><b>Relieved</b></p> <p>Complacent, Composed, Cool, Trusting</p>
<p style="text-align: center;"><b>Pain</b></p> <p>Agony, Anguished, Bereaved, Devastated, Heartbroken, Hurt, Miserable, Wretched</p>	<p style="text-align: center;"><b>Content</b></p> <p>Glad, Cheerful, Fulfilled, Satisfied</p>